

# TRADITIONAL HEALERS AND THEIR MEDICINE

## HIGH SCHOOL WORKSHEET

- 1 Write a short essay on the cosmology and the cause of disease in traditional South African healing.
- 2 Explain how a traditional healer plays a leadership role in his or her community.
- 3 Name the two types of traditional healers.
- 4 Explain how traditional healers come into their profession.
- 5 Draw a table and contrast the ways of diagnosis between traditional healers and university trained doctors.
- 6 "*Treatment is holistic*". Explain this statement.
- 7 Explain the preparation and types of medication.
- 8 How are rituals and charms used in traditional healing?
- 9 The over-harvesting of animal, vegetable and mineral substances for medicines pose a threat to the environment. Find out what is being done to manage this situation and suggest ways to protect our natural environment.